Approaching The Throne Of God

What To Pray About

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Do you ever have trouble knowing what you should pray about? What are the ACTS of prayer?
1. Adoration What does it mean to offer a prayer of adoration?
What do you learn about this kind of prayer from Psalm 145?
How can you pray this kind of prayer?
2. Confession What does it mean to offer a prayer of confession?
What do you learn about this kind of prayer from Psalm 51?

How can you pray this kind of prayer?
3. Thanksgiving What does it mean to offer a prayer of thanksgiving?
What do you learn about this kind of prayer from Psalm 136?
How can you pray this kind of prayer?
4. Supplication What does it mean to offer a prayer of supplication?
What do you learn about this kind of prayer from Psalm 141?
How can you pray this kind of prayer?