Defeating Your Giants

Lesson 1: Giants Challenge People Today

Summarize the story of David and Goliath.

1. David And Goliath
What is the context of the story of David and Goliath?
Describe the giant and his armor.
How did Goliath challenge the Israelites?
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Why did David go to the battle? What happened when he arrived?
How did David respond to Goliath's challenge? Why did he respond in this way?

How did David prepare for battle?
Describe what happened in the battle between David and Goliath? What happened after the battle?
2. Facing Your Giants What is the nature of the war you are fighting?
How does Satan use giants to defeat you?
Give some examples of common giants Satan uses to defeat people. What are the giants he uses against you?