

# **Defeating Your Giants**

## **Lesson 4: Past Trials Prepare You For Future Battles**

Describe some past battles you have fought during your life. What lessons have you learned from them?

### **1. David Grew Through Past Trials**

What kinds of lessons did David learn earlier in his life?

What did David learn from his experiences with a lion and bear?

How did David apply his experiences to the battle before him?

How did David's victory over Goliath help prepare him for future battles?

### **2. Viewing Trials As Training**

What are trials? Give some examples of trials.

Where do trials come from?

How do past trials impact your future battles?

### **3. What Your Trials Will Produce**

What will your trials produce according to Romans 5:1-5?

What will your trials produce according to James 1:2-4?

What will your trials produce according to 2 Corinthians 1:3-7?