

## **Giving God Control Of Your Emotions**

What kinds of emotions can you experience? Why do you experience them?

### **1. The Importance Of Giving God Control Of Your Emotions**

How can your emotions be used for good?

How can your emotions show you to be a fool or wise?

How can your emotions lead to sin?

How can your emotions rob you of true joy and peace?

How can your emotions do great damage?

How can your emotions destroy your sober-mindedness?

## **2. How To Give God Control Of Your Emotions**

Does God have a standard for your emotions? If so, what is it?

How will humility help God control your emotions?

How will the fruit of the Spirit give God control of your emotions?

Why is it essential to learn to deal with each emotion God's way? Give some examples.